

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: AltaPointe Health Systems, Inc.

Month and year of current assessment: march 2024

Date of last Local Wellness Policy revision: march 2021

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.altapointe.org

Wellness Committee Information

How often does your district wellness committee meet? _____

District Wellness Coordinator

Name	School	Job Title	Email Address
Nicolete Harvey		Hosp. Admin	nharvey@altapointe.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Teresa Mauldin		Director of nursing	

District Wellness Committee Members

Name	School	Job Title	Email Address
Debra Outlaw	Altapointe	Ed Coord.	
Dr. Christina Talerico		Psychiatrist	
Randy Wyche		Dietary Mgr	
Megan Jones CRTS		Rec Coord.	
Katie Emer		PR Exec.	

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☐ Alliance for a Healthier Generation Model Policy
- ☐ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☒ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Our plan is basic operational
developed for an RCCI 5 day student
TX setting

Section 2. Progress towards Goals

***NOTE:** Required components are listed in blue.

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
To be compliant with the USDA final rule and ALSDE: • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	No food or Beverage is available for sale at the facility outside of served meals
Access to free potable water on campus	Describe progress and next steps:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. List how access to potable water is made available in schools.	Potable water is available in the Cafeteria, Nursing Stations & nourishment Stations

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guide and Implementation.	No additional food or Beverage is sold or provided outside of school meal program

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. If applicable, list additional school goals below:	We do not market outside food and beverages

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. List physical activity opportunities that are offered at schools:	Recreation therapy is provided for two hours daily. Additionally Free play and activity therapy is available daily

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. List how nutrition promotion and nutrition education are provided in schools:	Good nutrition is promoted through nursing groups, signage and support from dietary dept.

Section 2. Progress towards Goals continued

***NOTE:** Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. List other school-based activities that are offered by the district:	Recreation therapy focuses on daily healthy lifestyle groups for children

CHECKLIST:

Triennial Assessment was made public:

Date: _____

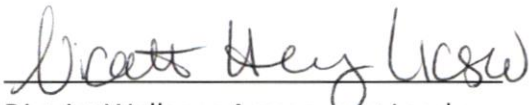
Updated Wellness Policy received Board approval: (if applicable)

Date: _____

Wellness Policy was made public:

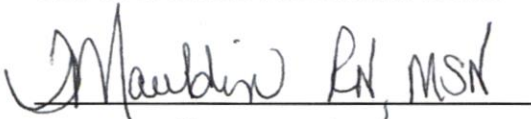
Date: _____

SIGNATURES:



District Wellness Assessment Leader

PRINT NAME: Nicole Harney
DATE: 3/14/26



District Wellness Coordinator

PRINT NAME: TERESA Mauldin
DATE: 3/18/26

Superintendent

PRINT NAME: _____
DATE: _____

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Bay Pointe Hospital

Date: 3-19-26

School Wellness Leader: Nicole Hervey

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	✓			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.	✓			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: • Rec Therapy • Activity Therapy • Free Play				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓			
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach				

Section 3: School Level Progress Report

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.				
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section:				



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

none noted

Signatures:

District Wellness Assessment Leader: Scott Healy

DATE: 3-19-24

School Wellness Leader: T Moulden RN

DATE: 3-19-24

Principal: _____

DATE: _____