



# Special Women's Program

AltaPointe gives priority admission to women who are pregnant and have intravenous substance use disorders or any substance use disorder; women with dependent children; individuals who have intravenous substance use disorders; individuals who are HIV positive and all others who have substance use disorders.

HIV Early Intervention Services (EIS) are available for individuals receiving treatment in one of our substance use disorder programs in Mobile and Baldwin Counties. These services will be voluntary and with the informed consent of the individual.

## West Mobile Outpatient Services

4211 Government Blvd. • Mobile, AL 36693  
(251) 666-2569

**Fees: Free or Medicaid DMH  
Grant Special Program**

**Access to Care**

**(251) 450-2211 • (888) 335-3044**

In case of an emergency, call 9-1-1

**AltaPointe.org**



Accredited By  
The Joint Commission

Certified by the State of Alabama  
Department of Mental Health



The goal of the Special Women's Program is to assist women in establishing stabilization and identification of ongoing support for their recovery. This program is an intensive outpatient substance use disorder treatment program that provides chemical dependency treatment services and intensive therapeutic activities to women who:

- Are pregnant
- Have dependent children, are at risk of losing custody, and have an open DHR case.
- Do not currently have custody of their children but are trying to re-unify with their children who are in DHR care.

The program reduces barriers to treatment by providing transportation, childcare and intensive case management services, which serve consumers residing in Mobile, Baldwin and Washington counties. Practice guidelines include, but are not limited to, supportive therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, systemic therapy, behavior modification, skills training, parenting, and relapse prevention.

The length of treatment is approximately 18 weeks and is based on the individual's progress in treatment.



Services include:

- Intake evaluation
- Group therapy for up to three times a week
- Individual counseling at least once a month
- Random urine drug screens
- HIV/AIDS education and testing
- Psychiatric consultation
- Case management
- Families and couples' counseling
- Aftercare and discharge planning
- Use of evidence-based practices
- Contingency management
- Anger management course
- Codependency classes
- Trauma group
- Peer Services
- STD Testing
- Use of motivational incentives
- Referral to 12-step supportive services
- Mental health case consultation
- Parenting skills training
- Transportation and child care available while attending individual and group counseling
- Medication Assisted Treatment, including Suboxone and Vivitrol for opioid use disorder and alcohol use disorder

#### Admission Criteria

- History of substance use disorder or dependence as defined in the DSM-V
- Females, at least 19 years of age, who are pregnant or have dependent children (whether currently in their custody or not)

Contact us at (251) 450-2211 to schedule an initial intake assessment.

*For more information visit our website*  
**AltaPointe.org**