



# Oasis

Adult Intensive Outpatient  
Substance Use Treatment Program



## Oasis Program Locations

### Bay Minette Outpatient Services

1507 U.S. Highway 31 S. · Bay Minette, AL 36507  
Office Phone: (251) 937-0559

### Foley Outpatient Services

200 E. Fig Ave. · Foley, AL 36536  
Office Phone: (251) 929-5420

### West Mobile Outpatient Services

4211 Government Blvd. · Mobile, AL 36693  
Office Phone: (251) 666-2569

### Access to Care

**(251) 450-2211 · (888) 335-3044**

In case of an emergency, call 9-1-1

[AltaPointe.org](http://AltaPointe.org)



Accredited By  
The Joint Commission

Certified by the State of Alabama  
Department of Mental Health

## Therapeutic services that focus on helping working adults

Oasis is AltaPointe's adult intensive outpatient substance use disorder treatment program. It is a service designed for patients age 19 and older who require treatment and intervention but do not require detoxification. A significant benefit to Oasis is the ability of patients to continue their jobs and family responsibilities while receiving therapeutic services in the evenings.

### What services are provided?

- Initial evaluation and placement assessment
- Evidence-based interventions and skills that include Motivational Interviewing, Dialectical Behavior Therapy, Cognitive Behavioral Therapy and Seeking Safety
- An introduction to the 12 Steps
- Intensive individual, family and group therapy focused on improving functioning in all areas of life
- A supportive recovery environment to include an interdisciplinary treatment team of social workers, therapists, and by referral to case managers, doctors and nurses



- Treatment of substance use-related disorders, co-occurring psychiatric disorders, and other underlying symptoms and problems to include anxiety, depression, trauma, grief, loss, stress, interpersonal conflict and more
- Random urine drug screens

### What payment methods are accepted?

Patients may pay for services through Medicaid or other self-pay, sliding scale methods. During the initial phone assessment, our specialists review payment methods and billing procedures. For more information, call (251) 450-2211.

AltaPointe gives priority admission to women who are pregnant and have intravenous substance use disorders or any substance use disorder; women with dependent children; individuals who have intravenous substance use disorders; individuals who are HIV positive and all others who have substance use disorders.

HIV Early Intervention Services (EIS) are available for individuals receiving treatment in one of our substance use disorder programs in Mobile and Baldwin Counties. These services will be voluntary and with the informed consent of the individual.

*For more information visit our website*  
**AltaPointe.org**