



 **AltaPointe**SM **Health Systems**

ANNUAL REPORT 2016



Merger with CRMHC marks greatest FY 2016 milestone



Fiscal Year 2016 marked another milestone for AltaPointe. The merger with Cheaha Regional Mental Health Center confirmed our long-held principle that technology and administrative infrastructure must drive our operations and also our delivery of care. As anticipated, the union of AltaPointe and CRMHC has translated into greater strength, enhanced quality and systemic solutions to complex problems.

We applied that principle when the merger became official on Aug. 1, 2016. We bridged the geographical distance between the non-contiguous areas of the Mobile Bay Region in southwest Alabama to the Sylacauga Region in east central Alabama. This distance factor required considerable strategic planning for the merger, which we pursued because we believed it was the right move for both regions.

There were those who second-guessed our decisions to merge, impugning invalid motives. Yet mergers between like-minded centers must happen to combat chronic underfunding and create economies of scale that help offset the inflationary cost of business. AltaPointe must go where there are opportunities to grow.

We have known for a long time that our technological and administrative acumen gave us the confidence we needed to carry out this strategy. Information technology was the one, major tool in our toolbox that we knew would make growth possible. After months of due

diligence, we moved forward with the merger and are now an even stronger behavioral healthcare provider.

As with the 2014 merger with Baldwin County Mental Health Center, we knew CRMHC would be a good match for AltaPointe. Each center's mission, vision and values aligned, and, ultimately, we have experienced successful mergers. However, the impetus behind these mergers was not to grow simply for the sake of growth. As a provider, we could not sit idly by waiting for federal, state and local entities to find ways to financially support the services so desperately needed by our consumers. We do not have any other way to grow other than to find continued efficiencies within our organization that generate proportionate cost savings created by increasing productivity and services. We have seen this opportunity to create economies of scale that allow us to move forward in a funding environment that's moving backwards. Our mergers should be held up as a model approach to others who are in the same position and looking for solutions.

We believed in something. We believed we could merge with non-contiguous centers, and we've seen nothing but positive outcomes. This past year believing transformed into knowing. We knew our technological acumen would give us the confidence to merge, to join with a non-contiguous center to advance behavioral healthcare in Alabama and establish another historic milestone for AltaPointe.

Tuerk Schlesinger, CEO

AltaPointe Health Systems Board of Directors

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 Jean Williams, Secretary
 Larry Jackson, Treasurer
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Sylacauga Region

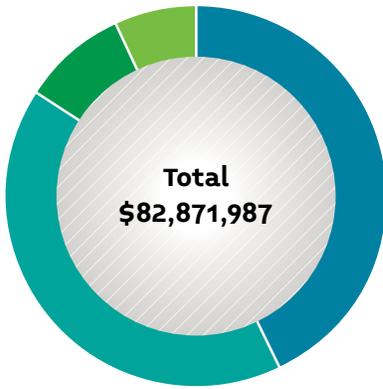
Directors

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Advisory Members

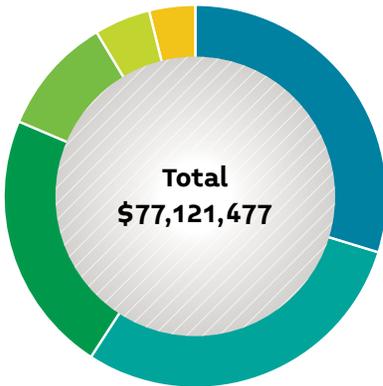
Vicki Bacon
 Mavis Newman
 Dr. P. Duncan Roy
 Beverly White

TOTAL OPERATING REVENUE FY 2016



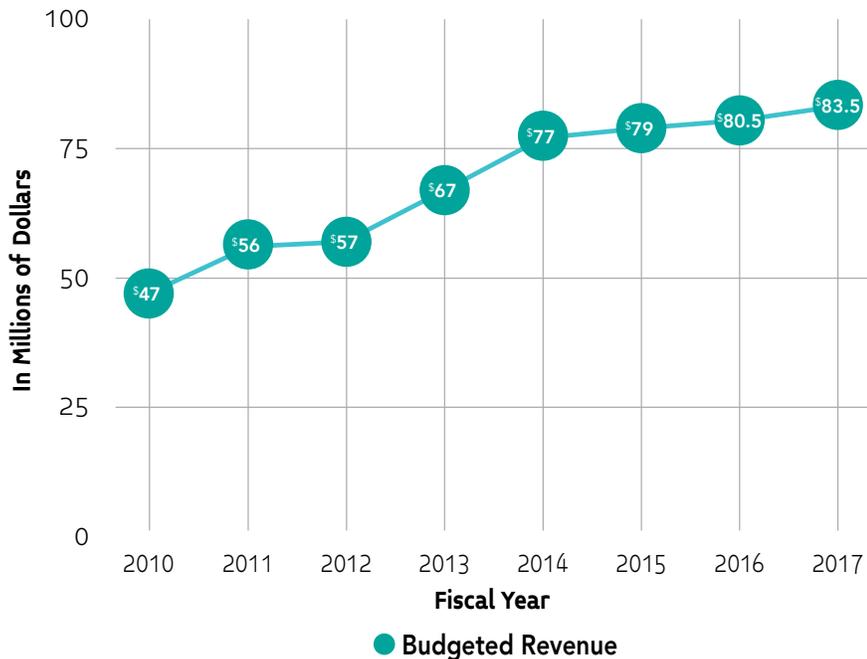
State & Local Grants & Contracts \$35,644,880	Other Operating Revenues \$7,438,354
Net Fees (inc. Medicaid & Medicare) \$34,194,267	Federal Grants & Contracts \$5,594,486

TOTAL OPERATING EXPENSES FY 2016

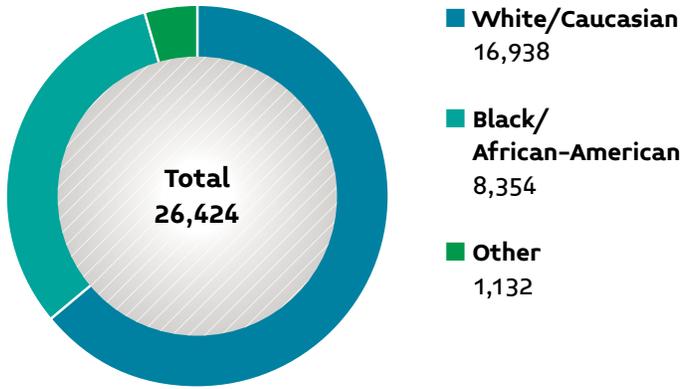


Residential \$22,979,350	Administrative \$7,643,060
Outpatient \$22,839,890	General \$3,668,482
Inpatient/Hospital \$17,038,254	Community Support & Services \$2,952,441

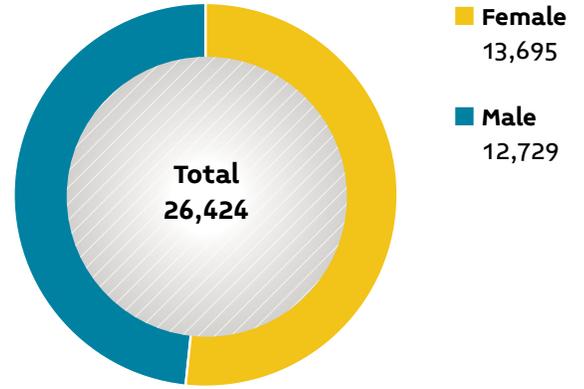
TOTAL BUDGET GROWTH AND PROJECTION FY 2010-2017



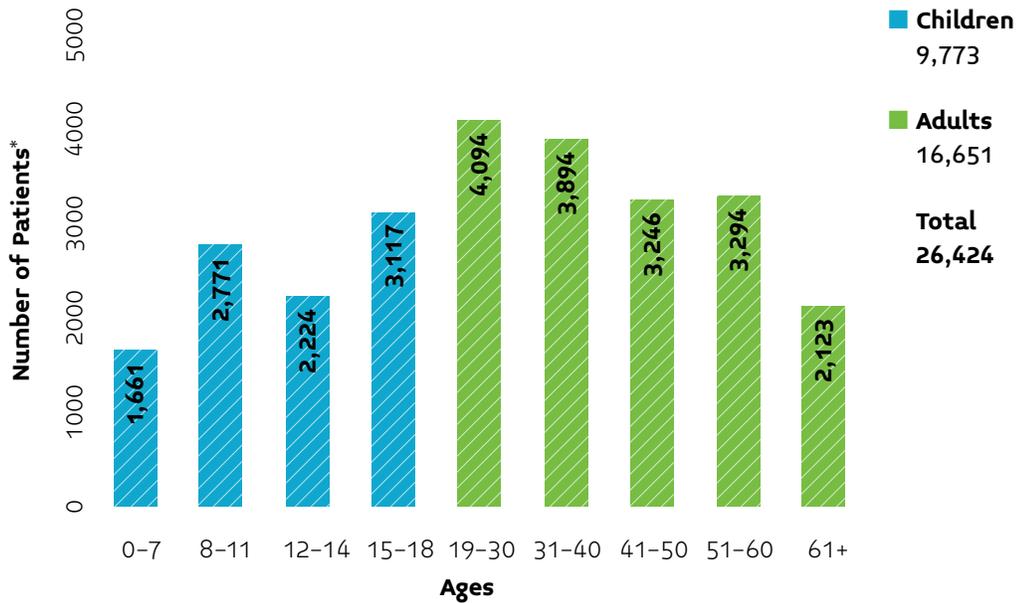
ETHNICITY OF PATIENTS SERVED FY 2016



GENDER OF PATIENTS SERVED FY 2016

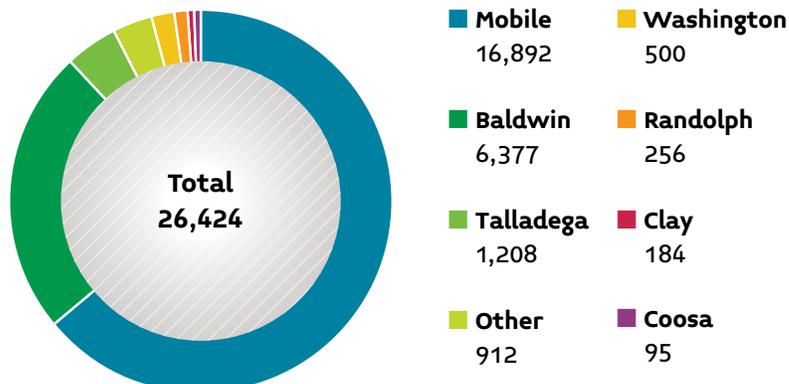


AGES OF PATIENTS* SERVED FY 2016

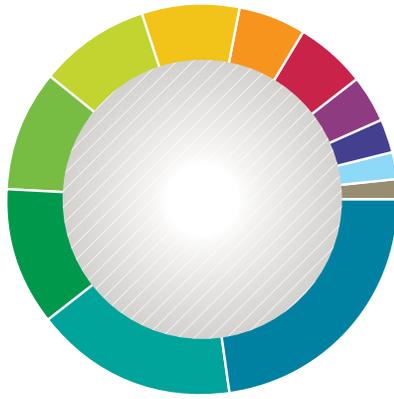


* Individuals admitted to any AltaPointe program

HOME COUNTY OF PATIENTS SERVED FY 2016

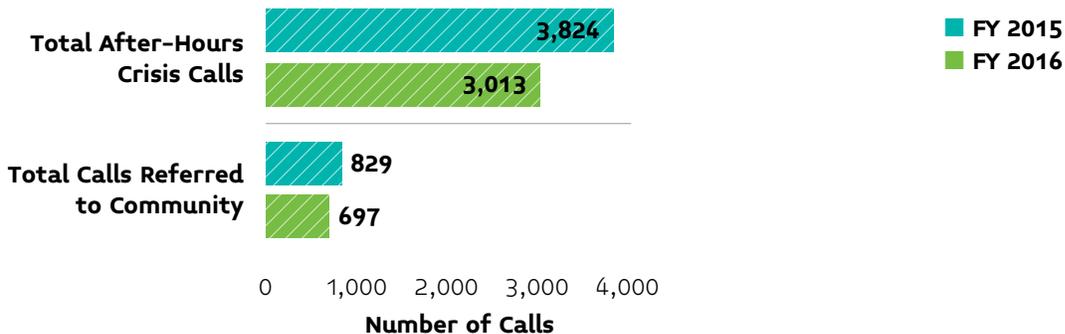
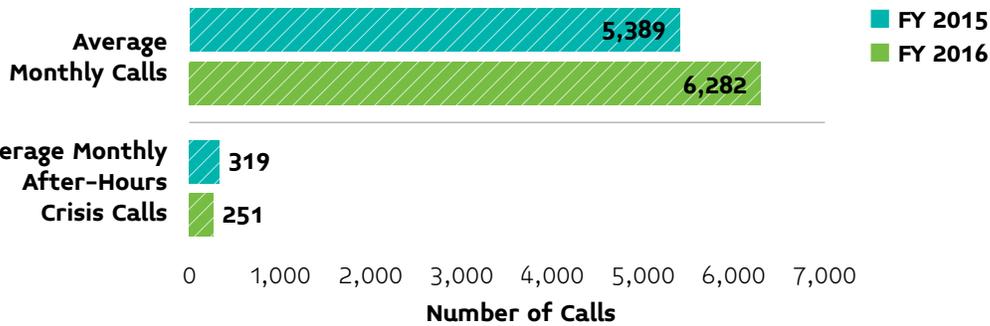
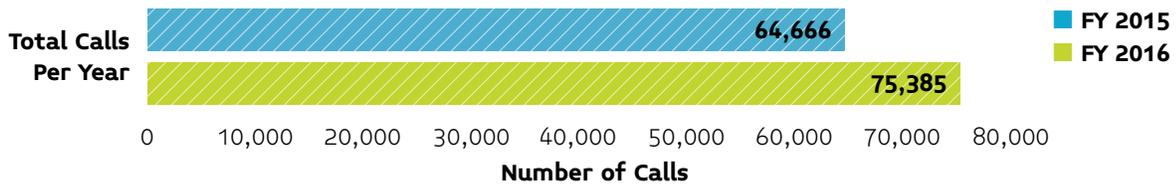


MOST COMMON DIAGNOSES FY 2016



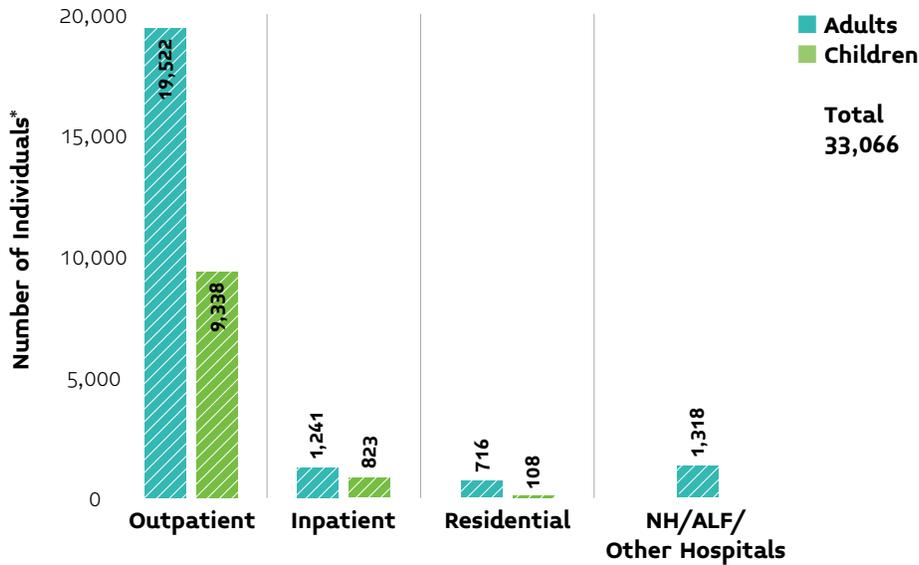
- 23% **Depressive Disorder**
- 17% **Attention Deficit Disorder**
- 11% **Schizophrenia**
- 10% **Adjustment Disorder**
- 9% **Anxiety Disorder**
- 8% **Bipolar**
- 6% **Substance Abuse**
- 6% **Mood Disorder**
- 4% **Disruptive Behavior Disorder**
- 3% **Other**
- 2% **Intellectual Disability**
- 1% **Oppositional Defiant Disorder**

CAREPOINTE: ACCESS, CRISIS AND OTHER CALLS



CarePointe serves AltaPointe's two hospitals and more than 13 outpatient clinics and 90 programs across 7 counties. It also supports psychiatric services from more than 25 hospitals across Alabama, and referrals to and from three state psychiatric hospitals.

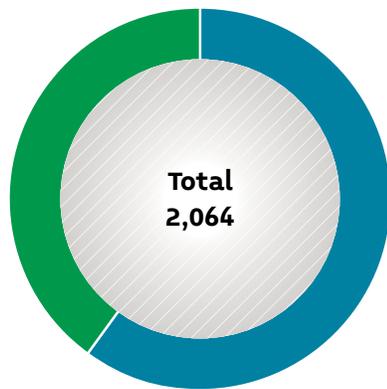
TOTAL INDIVIDUALS SERVED BY PROGRAM FY 2016



*Individuals versus 'patients'

AltaPointe professionals provide clinical and consultation services to individuals who have been admitted to area hospitals, nursing homes, assisted living facilities and other agencies or providers. These individuals are not considered AltaPointe patients until they are admitted into our continuum.

TOTAL PATIENTS RECEIVING HOSPITAL SERVICES FY 2016

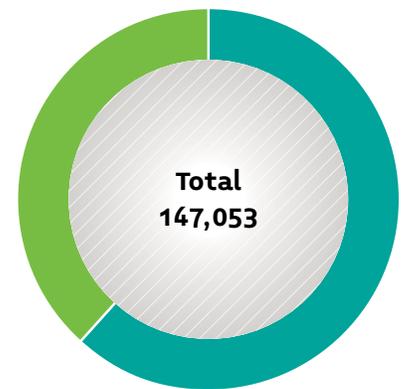


■ Adults 1,241 ■ Children 823

AltaPointe's hospital services

AltaPointe operates two free-standing psychiatric hospitals: BayPointe Hospital located in Mobile, offers a 60-bed acute care unit and a 34-bed residential unit for children; and EastPointe Hospital located in Daphne, offers a 66-bed adult inpatient crisis stabilization unit and a 16-bed adult intermediate care unit. AltaPointe's ownership of these inpatient facilities, and its ability to provide inpatient care, make it the most comprehensive behavioral healthcare system in Alabama.

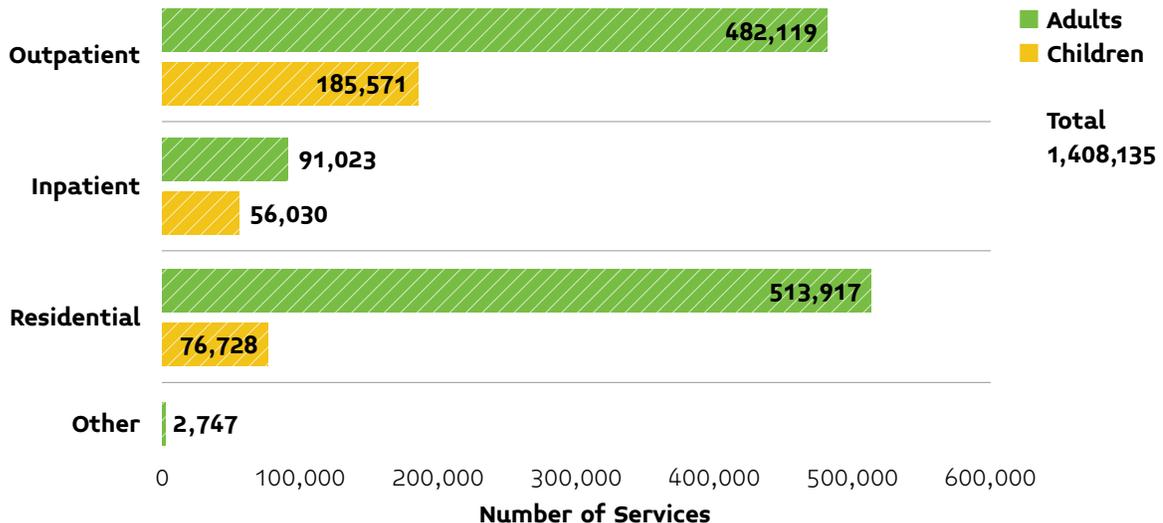
TOTAL INPATIENT SERVICES PROVIDED FY 2016



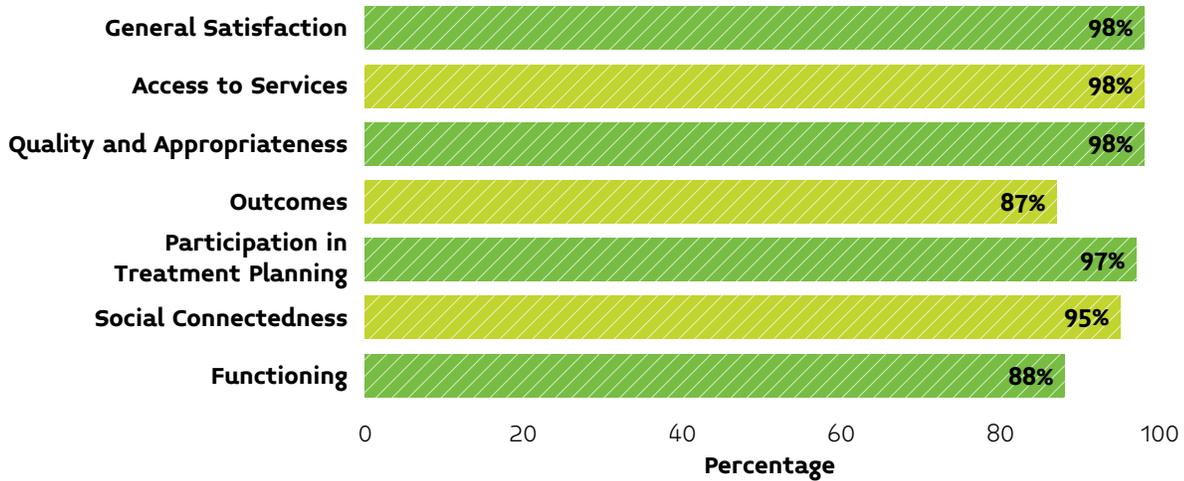
■ Adults* 91,023 ■ Children 56,030

*Involuntary 64.6% and Voluntary 35.4%

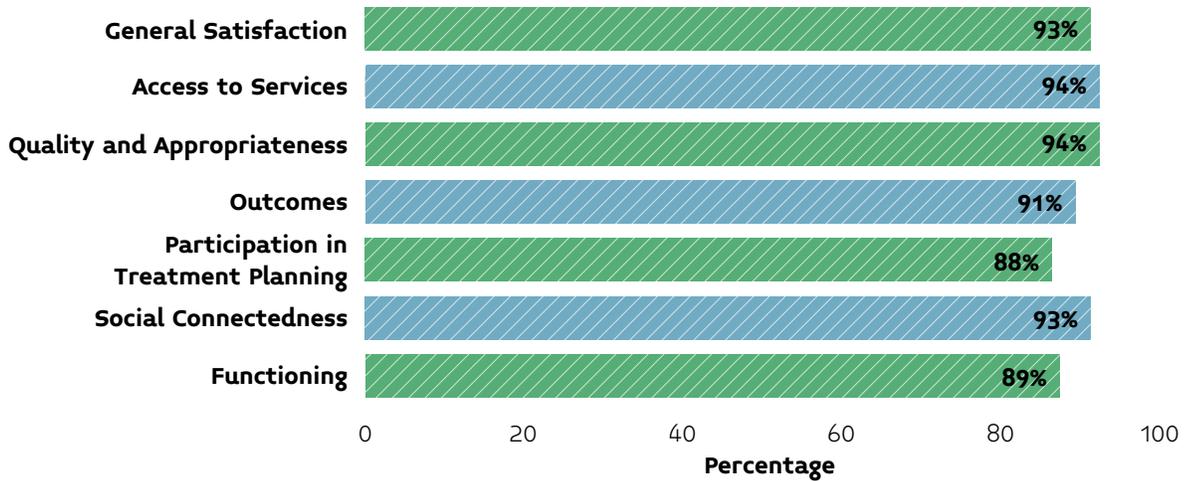
TOTAL SERVICES PROVIDED FY 2016



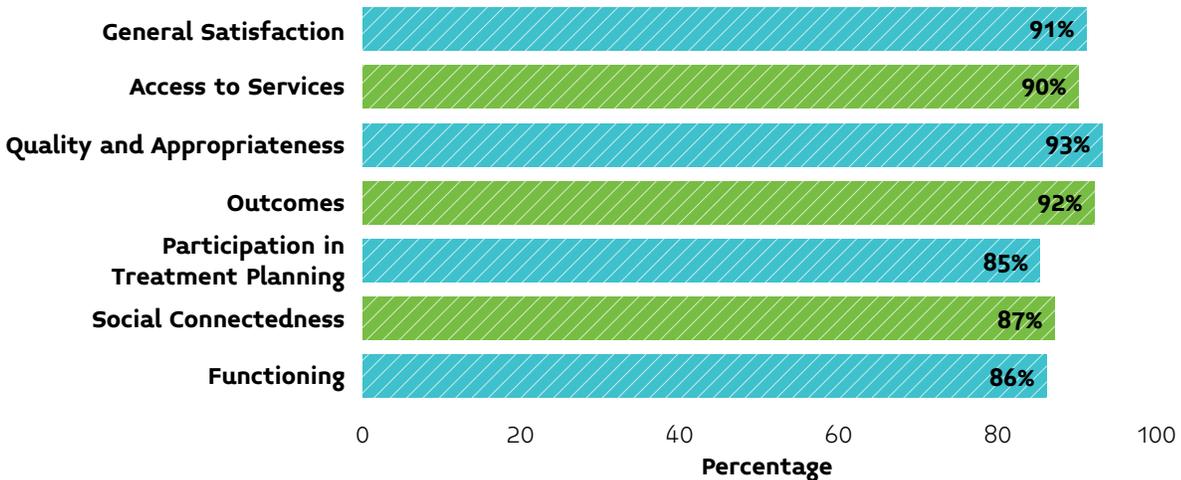
FAMILY PERCEPTION OF CARE: CHILD OUTPATIENT FY 2016



PATIENT PERCEPTION OF CARE: ADULT OUTPATIENT FY 2016



FAMILY PERCEPTION OF CARE: ADULT OUTPATIENT FY 2016



Mission Statement

AltaPointe Health Systems plans and facilitates a comprehensive, behavioral healthcare system that promotes the wellness and recovery of people living with mental illness, substance abuse and intellectual disability.

Philosophy of Service

We are responsible for the public system of mental health, substance abuse and intellectual disability service provision throughout Greater Mobile.

We facilitate a comprehensive behavioral healthcare continuum through clinical excellence, cultural awareness and community partnerships.

We believe it is our obligation to promote mental health awareness and understanding.

We ensure psychiatric competence by educating and training future healthcare professionals.

We deliver care characterized by dignity and respect, family involvement, and the consumer's enhanced role functioning and inclusion in the community.

Core Values

Service

We focus on understanding individual and community needs and respond with compassion, dignity and respect.

Quality

We deliver care that meets the highest-quality standards and achieves the best possible results.

Integrity

We keep our word and take responsibility for our actions.

Innovation

We bring new ideas and concepts to life through creativity, invention and problem solving.

Collaboration

We collaborate with others to achieve common goals.



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