

ANNUAL REPORT 2013



There is no health without mental health.

Readiness for action leads to success



If any one attribute can point to the successes AltaPointe Health Systems enjoyed in 2013, it is our readiness to meet the sweeping transformations affecting every aspect of healthcare. We took a deep look at our infrastructure to decide how we could be prepared to make the dramatic changes we know were coming from both the federal and state levels.

Changes presented by the Affordable Care Act, the potential expansion of Medicaid-eligible roles, and the formation of Regional Care Organizations to carry out Alabama's shift to Medicaid Managed Care, all could impact AltaPointe's financial viability, especially how we are funded to manage services to indigent patients and the non-insured.

Other changes such as the conversion from a fee-for-service, quantity-driven system to an accessibility and quality-driven environment, will require a shift from treating symptoms to a focus on prevention and treating the whole person. This focus is essential to creating a healthy community through managing mental illness, one of the most chronic diseases in the country. This shift in delivery of care will help our patients experience an overall healthier lifestyle.

This past fiscal year, we shored up our accounting, human resources, management of information services and performance improvement systems so that we can adjust to this new environment, an environment that will require sophisticated data management. For instance, we use data to identify and track patients who have the highest risks. Implementing these information-based systems is critical to the better management of our patients' healthcare as well as the management of our staff members.

We implemented strategies to expand our hospital services to support the conversion from institutional to community-based treatment, an action motivated in part by the closing of Searcy State Psychiatric Hospital that served the Mobile area. The end of FY2013 marked the first year anniversary of that conversion for which AltaPointe continues to receive accolades for a "smooth and seamless transition" from the Alabama Department of Mental Health and providers across the state.

With this new treatment system in place, it is more important than ever to have diverse payer sources to support both EastPointe Hospital in Daphne, BayPointe Children's Hospital in Mobile and other regional providers of psychiatric inpatient care. However, even as we were strengthening partnerships and finding new ways to bolster financial support, AltaPointe was forced to mount a campaign to keep a for-profit psychiatric hospital, operated by a venture capital firm, from coming into our region. This venture would have taken away paying patients from our hospitals and sabotaged our ability to sustain the network.

AltaPointe succeeded in preventing this company's entrance into our region thus preserving the highly workable system already in place. This success will allow us to keep our hospitals operational and to secure the resources needed to switch to the newer, proactive treatment model.

Hundreds of other successes were created throughout our system of care in FY2013, many of which are represented through statistics illustrated in this annual report. Each small step we take to improve the quality of care and our ability to meet the needs of our patients is incredibly important. Looking forward, it is vital that we learn how we can better use our entire continuum for their benefit. We continually evaluate any area of the healthcare environment that may relate to our patients and our staff members to preserve the successes we have achieved and to pave the way for those yet to come.

Having begun the processes necessary to meet the challenges of FY2013 and having developed strategies to meet FY2014's anticipated changes, AltaPointe's board, leadership and staff members will remain committed to maintaining a level of readiness that will contribute to the overall well-being of the individuals we serve.

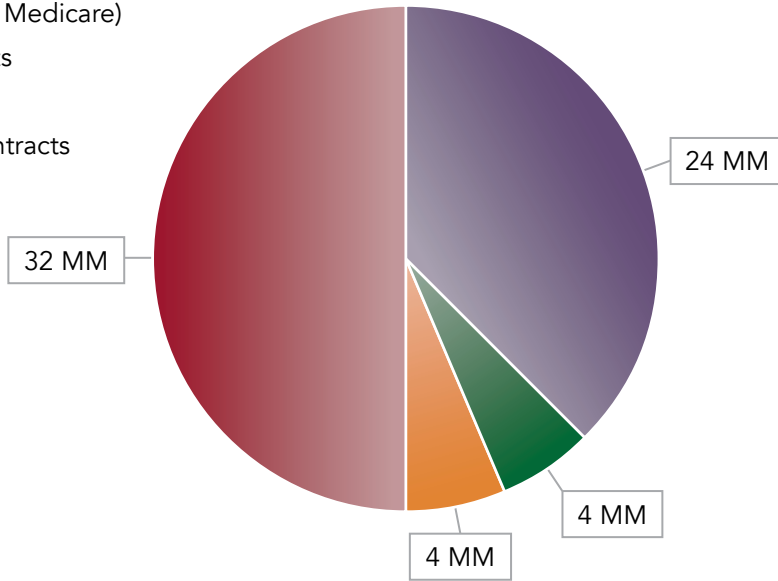
Sincerely,

A handwritten signature in black ink, appearing to read 'T. Schlesinger'. The signature is fluid and cursive, written over a light blue background.

Tuerk Schlesinger, CEO

FY 2013 AltaPointe Revenue

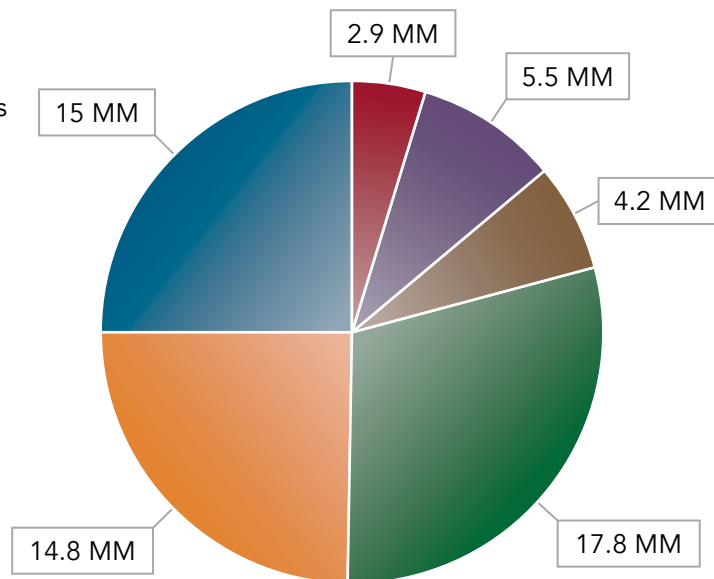
- Net Fees (inc. Medicaid & Medicare)
- Federal Grants & Contracts
- Other Operating Revenue
- State & Local Grants / Contracts



Total \$64 Million

FY 2013 AltaPointe Expenses

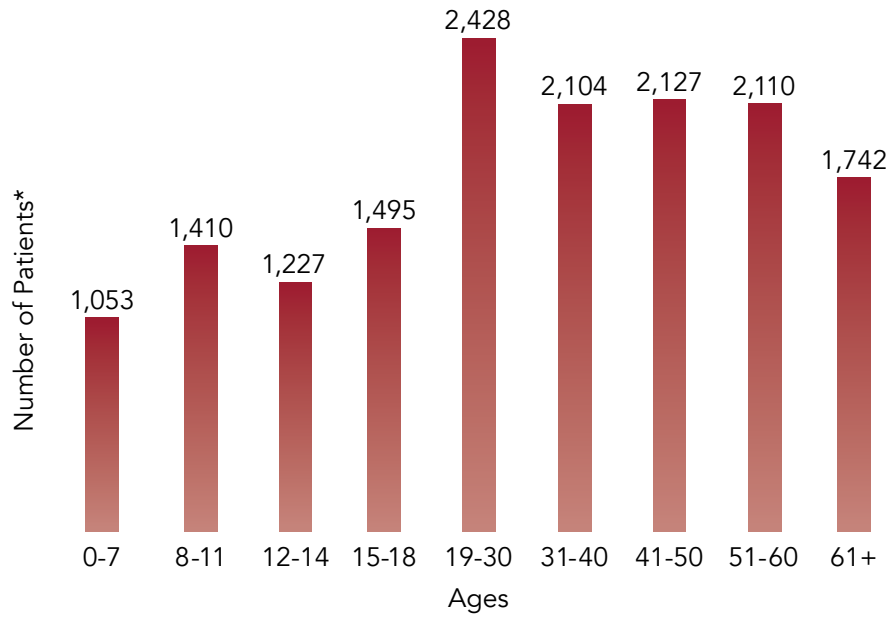
- General
- Administrative
- Community Support & Services
- Residential
- Inpatient / Hospital
- Outpatient



Total Expenses \$61 Million

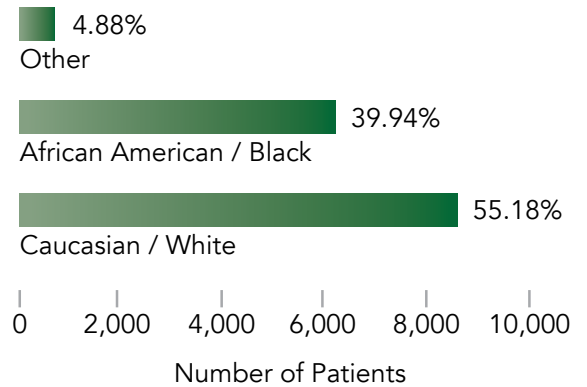
AltaPointe Economic Impact in
Greater Mobile Area = \$122 Million

FY 2013 Ages of Patients* Served

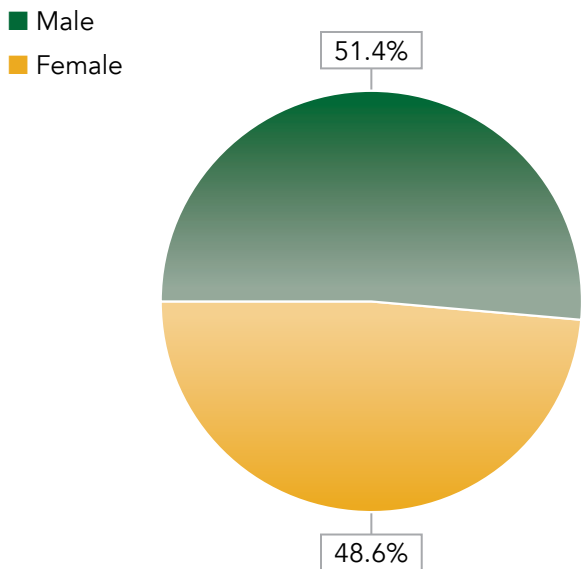


*Individuals admitted to any AltaPointe program.

FY 2013 Race of Patients Served

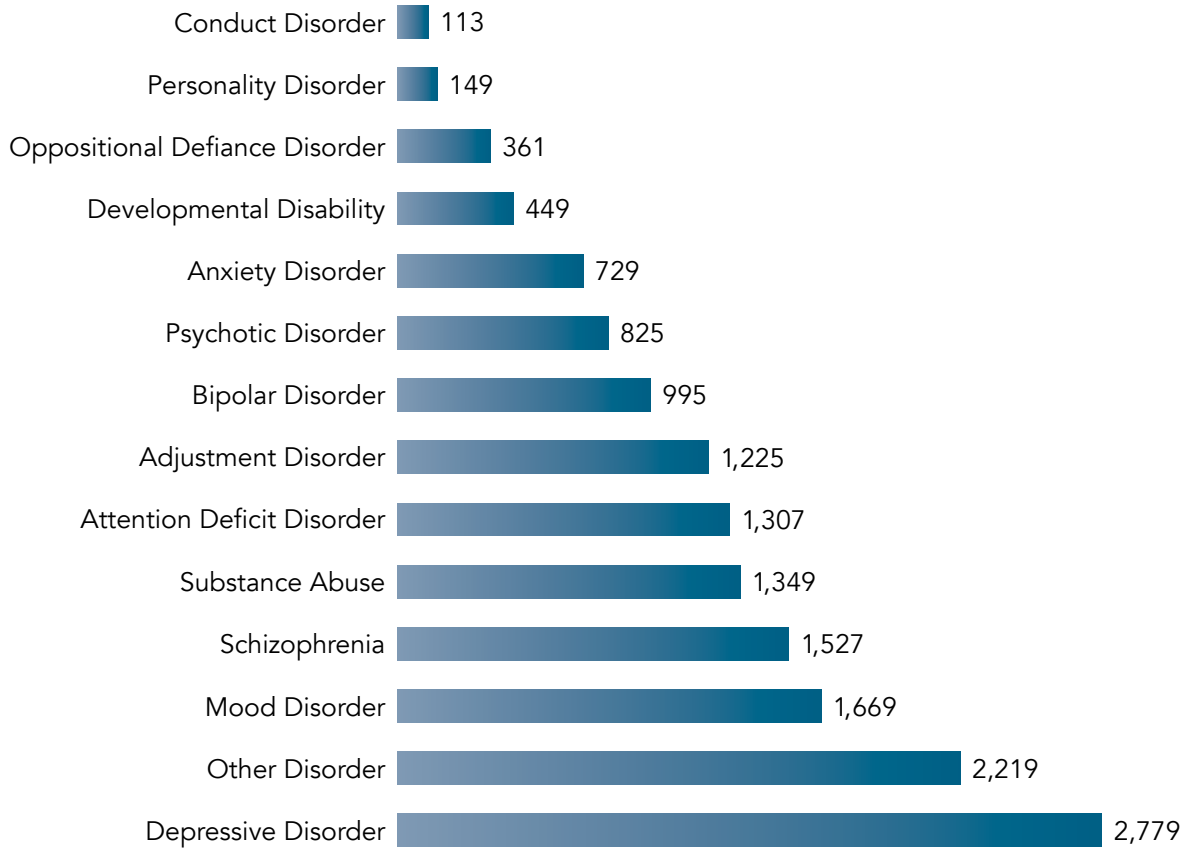


FY 2013 Gender of Patients Served



FY 2013 Most Common Diagnoses

Total Patients Served: 15,696



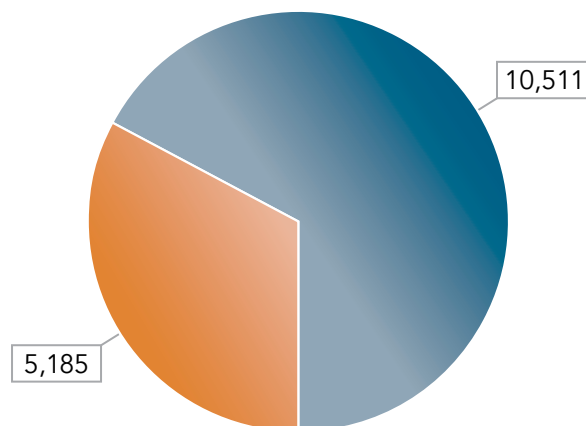
Number of Patients*

*Individuals admitted to any AltaPointe program.

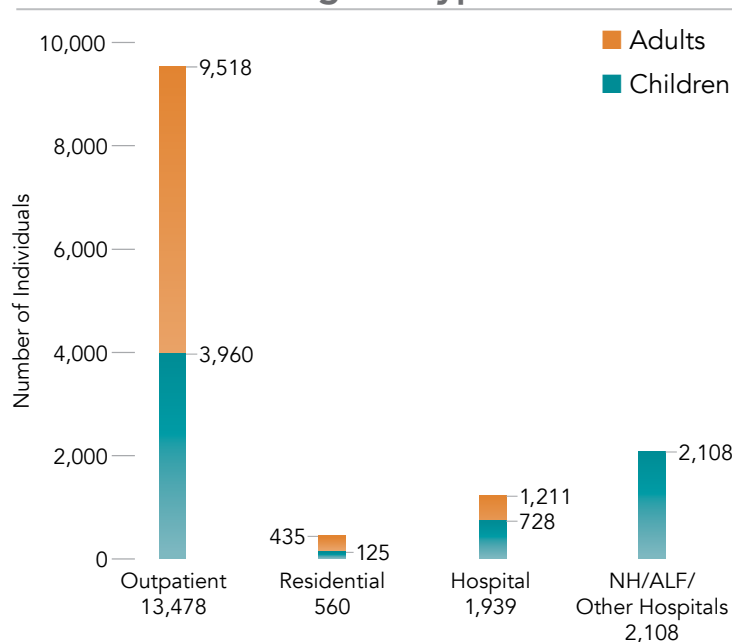
FY 2013 Total Patients Served: Adults / Children

Total Patients Served: 15,696

- Adults
- Children



FY 2013 Total Individuals* Served: Program Type



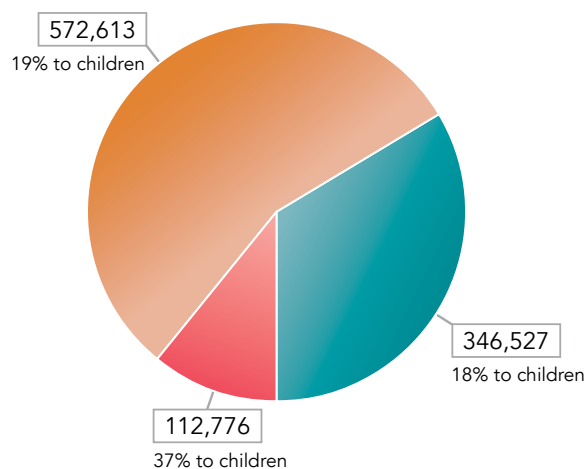
Total Individuals Served: 18,085

*'Individuals versus 'patients'

AltaPointe professionals provide clinical and consultation services to individuals who have been admitted to area hospitals, nursing homes, assisted living facilities and other agencies or providers. These individuals are not AltaPointe patients until they are admitted into our continuum.

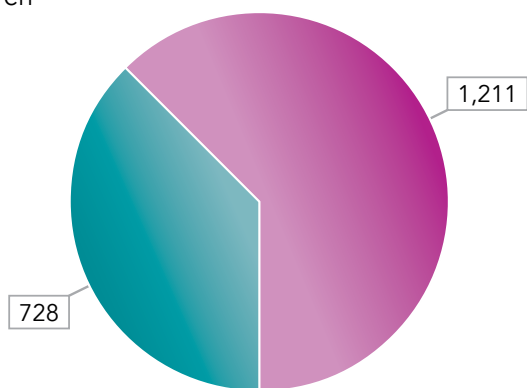
FY 2013 Total Services Provided: 1,031,916

- Hospital
- Outpatient
- Residential



FY 2013 Total Patients Receiving Hospital Services: 1,939

- Adults
- Children



Services Provided at BayPointe Children's Hospital & EastPointe Hospital

AltaPointe's hospital services

AltaPointe operates two free-standing hospitals, BayPointe Children's Hospital located in Mobile; and EastPointe Hospital, for adults, located in Daphne. AltaPointe's ownership of these inpatient facilities and its ability to provide inpatient care make it the most comprehensive behavioral healthcare organization in Alabama.

AltaPointe Health Systems Survey Protocol

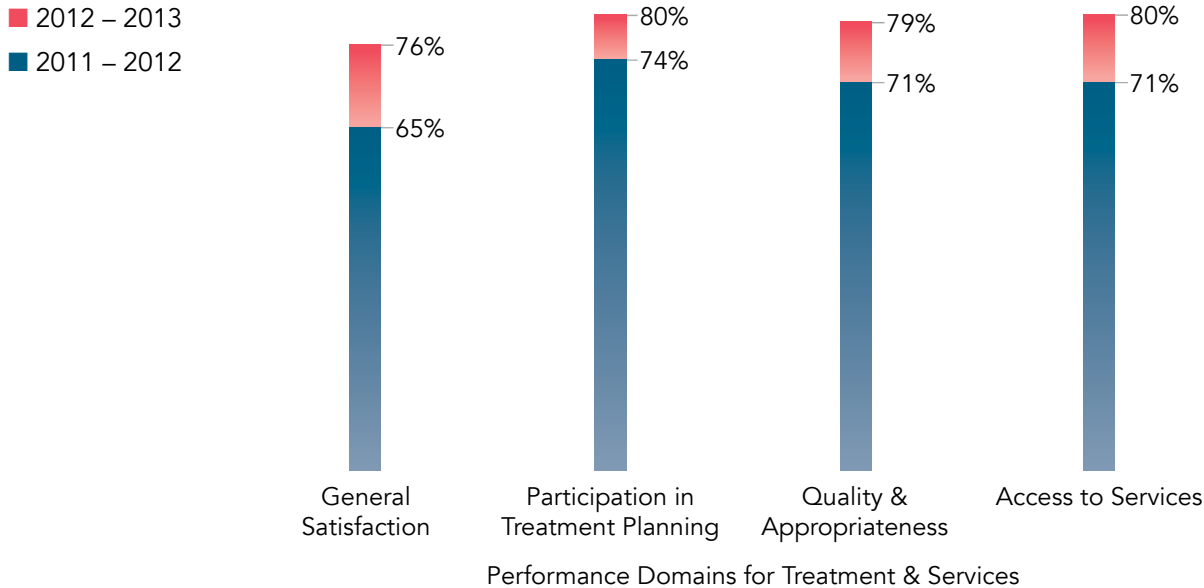
The Alabama Department of Mental Health and Joint Commission mandate that AltaPointe collects and analyze data related to satisfaction, access to care, treatment or services, and communication for all individuals served and their families.

The AltaPointe Performance Improvement Department administers these surveys on a rotation schedule throughout all treatment programs ensuring each program receives three surveys each year. Patients that complete the surveys do so voluntarily and

anonymously. Programs distribute the surveys and return them to the Performance Improvement Department in the month the survey is conducted.

AltaPointe staff members review the data at bi-monthly meetings to determine where improvements can be made. Two surveys are represented on this page. For information about surveys for other programs contact AltaPointe Performance Improvement Department at (251) 666-2553.

FY 2013 Patient Perception of Care / Adult Residential Services



FY 2013 Family Perception of Care / Adult & Children Outpatient Services



Our Philosophy

We are responsible for the public system of mental health, substance abuse and intellectual disability service provision throughout Greater Mobile.

We facilitate a comprehensive behavioral healthcare continuum through clinical excellence, cultural awareness and community partnerships.

We believe it is our obligation to promote mental health awareness and understanding.

We ensure psychiatric competence by educating and training future healthcare professionals.

Our care delivery model is characterized by dignity and respect of the individual, consumer and family involvement, each consumer's enhanced role functioning and inclusion in the community.

Our Core Values

Service

We focus on understanding individual and community needs and respond with compassion, dignity and respect.

Quality

We deliver care that meets the highest-quality standards and achieves the best possible results.

Integrity

We keep our word and take responsibility for our actions.

Innovation

We bring new ideas and concepts to life through creativity, invention and problem solving.

Collaboration

We collaborate with others to achieve common goals.



There is no health without mental health.

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Accredited By The Joint Commission